2016 Sand Volleyball League Rules

Coaches and players are responsible for knowing and following the game rules.

1. MANAGEMENT AND AUTHORITY
   a. The City of Olathe and employees are not responsible for injuries or accidents incurred by players or spectators.
   b. The Olathe Parks & Recreation Department staff has the authority to evict players or spectators from the game or vicinity if unsportsmanlike conduct is exhibited.

2. TEAM ROSTER RULES
   a. Each team must have a minimum of six players on their roster of 3 girls and 3 guys or a ratio of more girls.
   b. A parent must sit on the bench and serve as “head coach.” Any parent may substitute as head coach.
   c. Players must be listed on the roster before they play in a match.
   d. A player may be on only one team roster in each league.
   e. Ineligible participation will result in the forfeit of all volleyball games in which the ineligible player participated.

3. LEAGUE STANDINGS & AWARDS
   a. Standings of teams tied in the won-loss column will be determined by previous head to head competition. If the preceding does not determine a winner, the differences between total points scored and total points allowed will be compared. First place winners will receive league champ shirts.

4. PLAYING ATTIRE
   a. Appropriate clothing must be worn. Players are not allowed to wear any article of clothing, jewelry, splints, casts, etc. that are made of a material that in the referee’s opinion might be a safety hazard to him/herself or any other player.

5. SUBSTITUTIONS
   a. Will not be restricted or regulated with the exception that all substitutions must be made during a dead-ball.

6. SCORING
   a. Matches will consist of three rally scoring games to 25.

7. Game time is forfeit time. If a team cannot field a minimum of four players at game time, they will forfeit the first game of the match. Ten minutes after the scheduled starting time the match will be forfeited if the team cannot field the minimum team.

8. Only the team captain(s) or head coach are allowed to speak to the referee.

9. Time out requests may be made by the head coach.
10. The following actions by coaches, players, substitutes, or spectators are subject to an official warning, awarding of a point, or side out, and/or ejection from the game:
   i. Addressing of officials concerning their decisions.
   ii. Committing actions tending to influence decisions of officials.

11. Shouting or taking any action conducive to distracting the referee’s judgement concerning handling of the ball.

12. Pregame coin flip - The winner of the toss has the option to choose one of the following two choices: (1) Serve; (2) Receive.

13. After the first game teams will exchange playing areas and the team serving first in the first game will now receive first for the second game.

14. Serving - The server has **five seconds** after the referees whistle to release or toss the ball for service.

15. The serve may not be blocked or attacked.

16. Let serves are allowed. A let serve is when the ball hits the net but still goes over.

17. Each team is allowed a maximum of 3 successive contacts of the ball in order to return the ball to the opponents side. A girl must have 1 of the successive contacts.

18. A player is not allowed to attack the ball when the ball is completely on the opponent’s side of the court. After legal contact a player’s hand or arm may follow through over the net as long as the net or an opponent is not contacted.

19. The wearing of jewelry is prohibited.

20. Blocking is the action close to the net which intercepts the ball coming from the opponent’s side by making contact with the ball before it crosses the net, as it crosses the net, or immediately after it has crossed the net. A block does not count as a hit and the blocker can make the next play on the ball.

21. Contact with the net, accidentally or intentionally, during play, with the uniform or any part of the body, other than hair, is only a fault if it is made during an attempted play on the ball or interferes with an opponents play on the ball.

22. If opponents contact the net at the same time it is a double fault and the referee shall direct a replay.

23. Contacting the opponent’s area with any part of the body except the feet or the hands is a fault. Touching the opponent’s area with a foot or feet, a hand or hands is not a fault, providing that some part of the encroaching foot or feet, hand or hands remain on or above the center line.

24. A point is awarded when either team commits a fault. The point is awarded to the team that does not commit the fault no matter who serves the ball.